

Department of Exercise Science and Physical Education, Montclair State University



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The New ESPE Department

"WOW!" Throughout January that was the word heard the most around University Hall.

For those of us who spent our undergraduate days or our careers in Panzer, University Hall was a shock – a pleasant, inspiring shock. Imagine going from a windowless office of Panzer, to an office with a view of the skyline of New York City.

Imagine going from a building on the outskirts of the campus, to a building where the rest of the campus revolves around. (More than 40% of all the courses offered at M.S.U. are in University Hall)

Classrooms at University Hall are state-of-the-art in every way. University Hall is one of the most beautiful academic buildings you will find anywhere. Not only do we have a new home, we also have a new name: the Department of Exercise Science and Physical Education.

The department offers three programs at the undergraduate level: Adult Fitness, Athletic Training Education, and in Physical Education and Health, as well as Graduate programs

in the areas Of Teaching and Supervision in Physical Education, Coaching and Sports Administration, and Exercise Sciences.

We are located on the fourth floor of University Hall, the main office is 4136. All of us welcome you to visit us.

A sincere thanks to Dr. Susana Juniu, Chairperson for the Exercise Science and Physical Education Department for her fine job in overseeing the smooth transition of the department to its new home.

Faculty and Student Highlights

April 2006:

Dr. Susan Schwager has been elected as the National Sport and Physical Education (NASPE) representative to the American Alliance for Sport, Physical Education, Recreation, and Dance (AAHPERD) Board of Governors.

Dr. Michele Fisher received the annual award for distinguished service as a reviewer for the Measurement in Physical Education and Exercise Science journal.

March 2006:

Dr. Klara Gubacs-Collins, the 2006 President of NJAHPERD, received the Outstanding Professional Award given by the Eastern District Association to professionals that show expertise, initiative, and professional energy to their respective discipline.

John Davis was inducted into the Hall of Fame of the Athletic Trainers' Society of New Jersey for his many years of contribution to the profession of Athletic Training in New Jersey.

Dr. Carolyn Masterson

received the highest award presented by New Jersey Association for Health Physical Education Recreation and Dance. The Honor Award is presented to an individual who has made significant contributions to the profession.

Evan Totka, undergraduate student, received the Lilyan B. Wright, Student of the Year Award. This award honors a college student who has served his/her college and professional organization.



"If the benefits of exercise could be put in pill form, it would be the most prescribed drug of all time."



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2006 Panzer Honor Convocation

The Panzer Honor Convocation is an outgrowth of the fine tradition established with the creation of the Panzer College of Physical Education and Hygiene. This fine tradition is to recognize outstanding students in athletic training, health and physical education, and adult fitness programs. On April 18th, the department held the **2006 Panzer Honor Convocation**. This year guest speaker was **Dr. Dave Masur** who is

currently the Soccer Head Coach at St John's University. The Convocation continues to be the largest scholarship award program conducted at MSU. Over eleven thousand dollars in scholarship money and medals were awarded to over 40 major students.
Congratulations to:
 Amy O'Connor, Kristen Milazzo, Christopher Meny, Ismael Estrada, Michael Dow, Cheyl Bodak, Jaime Gerner, James Hester, Francesco Bifulco, , Michael Heslep, Stephanie Carpenter, Erin

Murphy, U-Landa Tudor, Caitlin Stella, Evan Totka, John Maiello, Erin Trezza, Michael Morano, Shannon Gill, Carlos Sosa, Nicholas Soriano, Neil Hingorani, Angel Solis, Nancy Brophy, Joseph Prenenski, Zachary Cook, Robert Knipe, Steve Wehrle, Casie Nahrebne, Daniel DeBarbieri , Eileen Dalton, Jackilyn Ferranti, Ryan Kelly, Michael Heslep, James Wladich, Heather Johnson, Erin Murphy, Ted Zawacki, Sofia Capparelli, Kevin Regan, Russel VanNess, Jeremy Maritt, Steven Rosa, Eric Deutsch, Christine Fitzgerald, Dana Ceci, Shyella Mayk.

Cutting Edge in Sports Medicine

On Monday April 17, 2006 students in the Athletic Training Education Program (ATEP) hosted a professional continuing education seminar for the Athletic Trainers Society of New Jersey. The program, entitled MSU: The Cutting Edge in Sports Medicine, was developed, planned, and hosted by MSU Athletic Training students

Gerard Friedman, Lauren Herchakowski, Chris Meny, Kristen Milazzo, Erin O'Donoghue and Mike Young as a project for their Administration in Athletic Training course. Presentations included "**A Radical and Common Sense Approach to the Female Athlete**" by Douglas Borkowski, MD, medical director for the

ATEP and MSU team physician, "**Improving Running Form Mechanics**" by Richard Braver, DPM, consulting podiatrist for the ATEP and MSU team podiatrist and "**Unlocking the Secrets of Human Coordination using 3-D Movement Analysis**" by our own Robert Horn, Ph.D.

School Calendar

May 2:
 Classes end

May 4-10:
 Examination period

May 10:
 End of semester

May 16:
 CEHS Convocation

May 19:
 Commencement

May 15 -June 1:
 Summer Session begins

September 8:
 ESPE – PSA
 New Student Worshop