

About Montclair State University

Since its founding in 1908, Montclair State University has had a rich history of innovation, distinction, and growth. Montclair State, a vital educational force, is ranked as one of the top universities in the region. Graduates from Montclair State University are well equipped with the skills needed to respond to today's dynamic environment, as well as future challenges and opportunities.

About the College of Education and Human Services

With a more than 100-year tradition of excellence and educational leadership, the College of Education and Human Services offers several advantages for those pursuing their bachelor's degree:

- Outstanding and innovative programs in the education and human services fields with nationally-recognized faculty and accreditation;
- Program faculty and staff dedicated to meeting the unique needs of our student population;
- Facilities that are on the cutting edge of learning and technology, including University Hall, the College's home, and the largest and most sophisticated building in the University's history.



973-655-4000
www.montclair.edu

UC1010



MONTCLAIR STATE
UNIVERSITY

College of Education and Human Services
Health and Nutrition Sciences Department

1 Normal Avenue
Montclair, NJ 07043

Health Education Bachelor of Science Degree Program



Improving the health of
individuals and groups
through prevention



MONTCLAIR STATE
UNIVERSITY

College of Education and Human Services

Overview

When many people think about careers in health, they think about medical careers (such as doctor or nurse) that involve treating individuals who have diseases or injuries. Health education is a different kind of health career. Health educators try to affect the health of whole populations, not just individuals. They focus on prevention rather than treatment. Health education is the practice of developing, implementing, and evaluating programs designed to improve the health of a population.



Program

The Department of Health and Nutrition Sciences offers a BS in Health Education with a concentration in Public Health.

The program offers an integrated approach to health education and public health that addresses local, national, and global health and environmental issues. It provides future leaders with the skills and knowledge they will need to devise and implement strategies and policies to prevent leading and emerging health threats, and to reduce health disparities.

Some of the courses available to students who choose to major in Health Education include:

- Health Promotion
- Health and Social Justice
- Human Sexuality
- Mental Health
- Behavioral Aspects of Diet, Activity, and Health
- Health Counseling
- Health Communications



Careers

Public health educators work in a variety of settings (government agencies, community clinics, hospitals, nonprofit organizations, corporations) and focus on a variety of age groups, populations, and problems.

Many experts agree that major advances in the improvement of health over the next decades will not come from new medical findings or cures, but rather through prevention. Health educators will be in high demand, and will find professional opportunities as Community Health Educators, Health Program Managers, Health Communication Writers, and Health Promotion Specialists. Health educators may work in hospitals, colleges and universities, clinics, government agencies, nonprofit organizations, private corporations, and health departments.

For further information

<http://cehs.montclair.edu/academic/hns/>

Apply online

<http://www.montclair.edu/admissions/>

Tuition and Fees

Tuition and fees for the current academic year may be accessed at:

<http://www.montclair.edu/admissions/costs.html>

Montclair State University offers financial aid and scholarships. To obtain financial aid information, contact the Office of Student Financial Aid at 973-655-4461.

Contact

Office: University Hall, Room 4162

Phone Number: 973-655-4154

E-mail: schurmana@mail.montclair.edu

