About Montclair State University

Since its founding in 1908, Montclair State University has had a rich history of innovation, distinction, and growth. Montclair State, a vital educational force, is ranked as one of the top universities in the region. Graduates from Montclair State University are well equipped with the skills needed to respond to today's dynamic environment, as well as future challenges and opportunities.

About the College of Education and Human Services

With a more than 100-year tradition of excellence and educational leadership, the College of Education and Human Services offers several advantages for those pursuing their bachelor's degree:

- Outstanding and innovative programs in the education and human services fields with nationally-recognized faculty and accreditation;
- Program faculty and staff dedicated to meeting the unique needs of our student population;
- Facilities that are on the cutting edge of learning and technology, including University Hall, the College's home, and the largest and most sophisticated building in the University's history.

MONTCLAIR STATE UNIVERSITY

973-655-4000
www.montclair.edu

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MONTCLAIR STATE UNIVERSITY

College of Education and Human Services
Health and Nutrition Sciences Department
1 Normal Avenue
Montclair, NJ 07043

Nutrition and Food Science

Bachelor of Science Degree Program

Turn your passion for food and nutrition into an enriching career

MONTCLAIR STATE UNIVERSITY

College of Education and Human Services

Overview

With national rates of obesity and related illnesses at an all time high, and with outbreaks of food borne illnesses such as salmonella regularly making headlines, the general public has begun to realize just how important it is to eat well. Nutrition and food science focus on the chemical and biological components of food and the ways in which these ingredients affect our health.

The program's mission is to provide students with a solid foundation in nutrition and food studies and to offer a supportive learning environment with enriching experiences and practical training that is responsive to student, professional, and community needs. It provides future leaders with the skills and knowledge they will need to devise and implement strategies and policies to prevent leading and emerging health threats and to reduce health and nutrition disparities.

Program

Montclair State University's Department of Health and Nutrition Sciences offers a BS in Nutrition and Food Science with three different concentrations:

Dietetics Concentration

Dietitians work in a variety of settings (private practice, community clinics, hospitals) and provide clinical advice to individual patients on managing chronic conditions through diet.

Food Management Concentration

Food managers work in institutional food programs, catering, hospitality, and restaurants, and understand how to manage employees, purchase and prepare quantity foods, and market and sell food.

General Concentration

Nutrition scientists work for corporations and government agencies and may be involved in food safety or preservation, nutrition labeling, or laboratory research, and development.

Some of the courses available to students who choose to major in Nutrition and Food Science include:

- Food and Society
- Quantitative Food Purchasing
- Meal Design
- Experimental Food Science
- Nutrition Education
- Sports Nutrition
- Applied Nutrition in the Lifecycle

The Department of Health and Nutrition Sciences also offers an undergraduate minor in nutrition science, and a Master of Science in Nutrition and Food Science.

The National Bureau of Labor Statistics predicts job growth in all areas of nutrition through 2016.

Careers

Students majoring in Nutrition and Food Science intern with leading restaurants, corporations, media, and nonprofit agencies, and our comprehensive program prepares students for a host of outstanding career opportunities. Our campus is located in a center of corporate hotels and food and pharmaceutical industries, and our faculty members are nationally and internationally recognized experts in nutrition and food science. Graduates work in a variety of areas, including nutrition, dietetics, food science, public relations, marketing and sales, catering, restaurant management, research and development, and food management. The National Bureau of Labor Statistics predicts job growth in all areas of nutrition through 2016.

For further information

http://cehs.montclair.edu/academic/hns/

Apply online

http://www.montclair.edu/admissions/

Tuition and Fees

Tuition and fees for the current academic year may be accessed at:

http://www.montclair.edu/admissions/costs.html

Montclair State University offers financial aid and scholarships. To obtain financial aid information, contact the Office of Student Financial Aid at 973-655-4461.

Contact

Office: University Hall, Room 4162
Phone Number: 973-655-4154
E-mail: schurmana@mail.montclair.edu